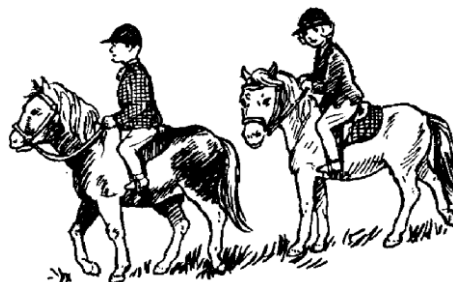


WHAT TO BRING TO CAMP

** WINTER **



Mainly, bring a smile... but here is what else you will need.

Clothing:

- Blue jeans (very tight, flares or baggy fitting jeans are not suitable for riding)
- Sweat pants
- T-Shirts
- Sweaters
- Socks (well fitting)
- Underwear
- Warm shoes (best are shoes that have removable liners, so they can be dried over night.)
- Gloves & toque (very important when riding in cold weather)
- Snow pants or thermal underwear (very important when riding in cold weather)
- Warm jacket (very important when riding in cold weather) Sun hat or cap
- Pyjamas (should be comfortable & suitable for staying with a group)

Sleepover Items:

- Foamy
- Pillow
- Sleeping bag or blankets
- Towels (face, bath & hands)
- Face cloth
- Toothbrush
- Toothpaste
- Soap
- Shampoo & Conditioner
- Brush or comb

Other:

- Lip balm (chapped lips are very common and are easy to prevent by supplying your child with a chap stick)
- Small flashlight
- Sunscreen (sun reflecting from snow can easily burn exposed skin)

Please turn over

We spend a lot of time outside and at least one complete change of cloth (including jacket and snow pants) is highly recommended.

Special note for boys:

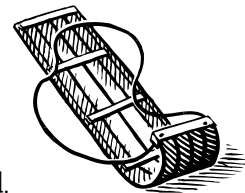
Some boys have found the use of a Hockey cup appealing and made riding more comfortable

Special note for girls:

Long fingernails are not suitable around horses. They are sure to break, which can prove to be very painful.

We also suggest the use of a good sports-bra for all riding activities

We recommend that ALL belongings are labelled. Please remember that outside activities also mean getting dirty and/or wet. Make sure a sufficient amount of clothing is available to allow frequent changing.



Feel free to bring a toboggan, crazy carpet or snowboard.